

IV LOUNGE MENU



IV BAGS

IMMUNE

60 minutes | \$125

Indications

Fatigue, Nutritional Deficiencies, General Wellness, Immune Support, Malabsorption

Benefits

- Improves energy
- Improves immune health
- Optimizes essential nutrient levels

Ingredients

Vitamin C, B-Complex, B5, B6, B12, Magnesium, Electrolytes

DEFEND

90 minutes | \$175

Indications

Immune Support, Cold/Flu, Viral Infections, Respiratory Infections

Benefits

- Antiviral
- Improves immune health
- Helps prevent cold/flu & other seasonal illnesses
- Reduces chronic viral load (EBV, CMV, HHV6)

Ingredients

Vitamin C (12 grams), B-Complex, B12, B6, B5, Lysine, Zinc

OZONE

*Blood Work and Visit Needed Prior to First IV

(MAJOR AUTO-HEMOTHERAPY)

60 minutes | \$150

Indications

Chronic Infections, Autoimmune, Anti-Aging, Cancer, Athletic Performance

Benefits

- Improves energy at the cellular level
- Antibacterial, Anti-Viral, Anti-Cancer

Ingredients

Autologous (your own) blood, Medical Grade Ozone, Heparin

NAD+

120 minutes+ | \$375-\$475 250mg 500mg+

Indications

Anti-Aging, Energy/Metabolism, Weight Loss

Benefits

- Improves energy levels
- Improves lean body mass
- Supports whole-body detox
- Supports mitochondrial and cellular repair

Ingredients

250-750mg NAD+ followed by Glutathione Push and Co-Factor Support

**Dosage increased per physician recommendations as tolerated

AGELESS

60 minutes | \$175

Indications

Anti-Aging, Immune Support, Detox, Brain Support

Benefits

- Improves cellular repair and detoxification
- Improves mental cognition
- Supports whole-body detox

Ingredients

NAD+, Vitamin C, B-Complex, B5, B6, B12, Magnesium, Electrolytes

HYDRATE

90 minutes | \$150

Indications

Fatigue, Hangover, Headache, Nausea/Vomiting

Benefits

- Improves energy levels
- Improves nutrients depleted by alcohol
- Reduces brain fog
- Reduces nausea and vomiting

Ingredients

Vitamin C, B-Complex, B12, IV Fluids, Magnesium, Electrolytes

*15% off packages of 4 or more IV's or injections

ENHANCEMENTS

GLUTATHIONE PUSH (\$50) Included in NAD+

A Master Antioxidant in the Body

Supports Detox, Healthy Liver Function, Cellular Repair & Damage, Neurological Conditions, Immune Health & Skin Health

**Can be added as a push following IV's

ZOFRAN (\$25) Included in Relief IV & NAD+

Anti-Nausea Medication

Can be added to most IV bags to decrease nausea & vomiting

KETOROLAC (\$25) Included in Relief IV

Anti-Inflammatory Medication

Can be added to most IV bags to decrease pain, inflammation, headaches & migraines

INJECTIONS

SKINNY SHOT (\$35)

Ingredients

B12, MIC

Benefits

Improves B12 levels & supports fat loss, liver metabolism & energy levels

B12 SHOT (\$25)

Ingredients

B12

Benefits

Improves B12 levels & energy

IV LOUNGE MENU



IV BAGS

RECOVER

90 minutes | \$175

Indications

Athletic Performance, Post-Workout Recovery, Muscle Building, Weight Loss

Benefits

- Improves physical endurance
- Improves muscle tone
- Reduces recovery time
- Supports metabolism

Ingredients

Carnitine, Lysine, Arginine, Vitamin C, B-Complex, B5, B6, B12, Magnesium, Electrolytes

CLARITY

60 minutes+ | \$175

Indications

Cognitive Enhancement, Memory Impairment, Brain Fog

Benefits

- Increases mental clarity
- Boosts cognitive function and memory recall
- Enhances overall brain health

Ingredients

B-Complex, B12, Magnesium, Carnitine, N-Acetylcysteine (NAC)

HIGH DOSE VIT C

120 minutes+ | \$225

Indications

Cancer (adjunctive treatment), Chronic Infections, Immunodeficiency

Benefits

- Supports body's ability to fight cancer & chronic infections
- Reduces side effects of radiation & chemotherapy
- Modulates the immune system
- Helps prevent cancer recurrence

Ingredients

Vitamin C 50-75grams, Electrolytes, Magnesium

*Blood Work and Visit Needed Prior to First IV

DEFEND +

120 minutes | \$200

Indications

Cold/Flu, Respiratory Infection, Urinary Tract Infection, etc.

Benefits

- Supports body's ability to fight infection
- Reduces severity of illness symptoms
- Reduces illness recovery time
- Improves energy

Ingredients

Vitamin C (20 grams), Zinc, Lysine, Electrolytes, B-complex, B5, B6, B12, Magnesium, Selenium

*Blood Work and Visit Needed Prior to First IV

BREATHE

90 minutes+ | \$175

Indications

Asthma, Upper Respiratory Infections, Bronchitis

Benefits

- Supports body's ability to fight infection
- Reduces mucus production in the lungs
- Reduces illness recovery time
- Helps moisten/soothe respiratory passages

Ingredients

Vitamin C (moderate), Lysine, Electrolytes, B-Complex, B5, B6, B12, N-Acetylcysteine, Magnesium, Zinc

RELIEF

90 minutes+ | \$175

Indications

Headache, Migraine, Nausea, Vomiting

Benefits

- Quick rehydration
- Reduces severity & duration of headaches & migraines
- Reduces muscle tension
- Reduces nausea & vomiting

Ingredients

B-Complex, B6, B12, Magnesium, IV Fluids, Zofran, Ketorolac

*15% off packages of 4 or more IV's or injections

PREPARING FOR TREATMENT / AFTER-CARE

Hydrate

Drink lots of water prior to IV therapy. This will make your veins as easily accessible as possible.

Eat

Ensure that you have a snack or meal prior to any IV therapy. Some of the IV bags can lower blood sugar which can cause you to feel lightheaded or nauseated. We have snacks in our IV lounge for your convenience.

Heat

If you already know that you have difficult veins, help us out and apply a heating pad to your arm on your way to your visit. This will increase blood flow to the area allowing for easier access to your veins.

Fatigue

After your first couple of IV's you may notice mild fatigue directly following the IV. This is because many of the vitamins in the IV bag stimulate our body to start working metabolically and if your body is not used to it, it can cause low energy initially. This typically resolves by the next morning and is replaced by increased energy.

Bruising / Pain at Injection Site

These are always a possibility with needles & IV therapy. If you are an easy bruiser, you can apply Arnica topically (found at most pharmacies) to help your veins heal.

If you notice discomfort at injection site, apply a heating pad to the area for a couple of nights.